香港青少年田徑2024分齡賽 (三) HONG KONG JUNIOR AGE GROUP ATHLETICS COMPETITION 2024 - III

Date: 1/6/2024

Roll Call Time											
	Tra	跨欄除外) ck Event pt Hurdles)	ŀ	跨欄 lundles	⊞ Field	田頃 d Event					
	開始檢錄	比賽前20分鐘	開始檢錄	比賽前25分鐘	開始檢錄	比賽前35分鐘					
	Start of Call	20mins before the races	Start of Call	25mins before the races	Start of Call	35mins before the races					
	截止檢錄	比賽前10分鐘	截止檢錄	比賽前15分鐘	截止檢錄	比賽前25分鐘					
	End of Call	10mins before the races	End of Call	15mins before the races	End of Call	25mins before the races					

* 擲壘球檢錄安排: 比賽前20分鐘開始檢錄; 比賽前10分鐘截止檢錄 Softball Roll Call Time: Start of call will be 20mins before the races; End of call will be 10mins before the races

						SOILDAII KO	ii Cali Time: Sta	irt or call will t	e zumins beroi	re the races; En	u or can will t	be 10mins before	the races						
	U20	.		J18		U16	男子 Boys U14 U12					U11 U10			U10 U9			U8	
比賽時間 Race time	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	
0815										擲壘球F Softball		掷壘球F Softball		掷壘球F Softball		擲壘球F Softball		擲壘球F Softball	
08:30				三級跳 (F-13)-A Triple Jump						Sortball		Sortball		Sortball		Sortball		Sortball	
08:35				The same															
08:40																			
08:45																			
08:50																			
08:55													100m (H-2)		100m (H-2)		100m (H-2)		
09:00									100m (H-3)		100m (H-3)								
09:10									10011 (11-3)		100111 (11-5)								
09:15																			
09:20	5000m (F-3)C		5000m (F-9)C																
09:25																			
09:30																			
09:35						三級跳 (F-9)-A Triple Jump													
09:40																			
09:45																			
09:50 09:55			400m跨欄 (H-2) 400m Hundles																
10:00			400m Hundles							跳遠 (F-13)-B									
10:05										跳遠 (F-13)-B Long Jump									
10:10																			
10:15																			
10:20																			
10:25																			
10:30																			
10:35										跳高 (F-6)-B							60m (H-2)		
10:40										跳高 (F-6)-B High Jump							oun (n-z)		
10:50													60m (H 3)		60m (H 2)				
10:55													60m (H-3)		60m (H-3)				
11:00									60m (H 2)		60m (H-3)								
11:05						嫪標槍(F 14) Javelin Throw		擲標槍(F 7) Javelin Throw	60m (H-2)		60III (H-3)								
11:10					60m (H-2)	Javelin Throw	60m (H-4)	Javelin Throw											
11:15					60III (H-2)		00III (H-4)												
11:15	60m (H-2)		60m (H-3)																
11:25	60III (H-2)		60III (H-3)																
11:30																			
11:35																			
11:40									200m (H-2)		200m (H-2)								
11:45									EVVIII (IT-Z)		20011 (11-2)								
11:45																			
11:55														跳遠 (F-8)-B					
12:00														Long Jump					
12:05																			
12:05																			
12:10		三級跳 (F-7)-A Triple Jump					800m (F-10)												
		Triple Jump			800m (F-41) 3		200III (L-10)												
12:20					500m (F-41) 3														
12:25			800m (F-24) 2																
	800m (F-14)		800m (F-24) 2																
12:35	800m (F-14)																		
12:40																			
12:45																			
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12:55									40		400		,		:-		400 400		
13:00									100m (F)	D**	100m (F)		100m (F)		100m (F)		100m (F)		
13:05									午	暦									

13:50														
13:55												跳遠 (F-7)-B Long Jump		
14:00														
14:05														
14:10							400m (H-2)	400m (H-2)						
14:15						跳高 (F-6)-B High Jump								
14:20						riigii samp								
14:25														
14:30														
14:35														
14:40	60m (F)		60m (F)	60m (F)	60m (F)		60m (F)	60m (F)		60m (F)	60m (F)		60m (F)	
14:45			55(v)	35(7)	55(1)			55(v)		33(/)			33(1)	
14:50														
14:55														
15:00														
15:05														
15:10														
15:15														
15:20							200m (F)	200m (F)		200m (F)	200m (F)			
15:25														
15:30														
15:35														
15:40														
15:45	400m跨欄 (F-1) 400m Hundles		400m跨欄 (F-1) 400m Hundles											
15:50														
15:55														
16:00														
16:05														
16:10							400m (F)	400m (F)		400m (F)				
16:15														
16:20														
16:25														
16:30									跳遠 (F-11)-B Long Jump					
16:35		郷標槍(F 8) Javelin Throw		擲慄檢(F13) Javelin Throw					Long Jump					
16:40														
16:45														
16:50														
16:55														
17:00										4 X 100m (F-1)	4 X 100m (F-1)			
17:05											, ,			
17:10							4 X 100m (F-1)	4 X 100m (F-1)						
17:15							(/	(- 2/						
17:20														
17:25														
17:30														
17:35														
17:40														
17:45														

跳遠 A池 近草地位置 、跳遠 B池 近看台位置 Long Jump A located at near meadows , Long Jump B near to the spectator stands

!!! 為確保運動員安全及賽事順利進行.所有比賽場地嚴禁家長及教練進入 !!! In order to ensure the safety of athletes and the smooth progress of events, parents and coaches are strictly prohibited

基項協定:運動員通先向田賣裁判長誘臂・裁判長允許運動員以不同論戴排定的順序進行一次試路後・方可離去参加復賣項目・返回後・廖即向裁判長誘臂・兼语情況:運動員通先向田賣裁判長誘臂・方可離去参加復費 項目・返回後・廖即向裁判局誘臂・

If the athletes compete in track and field events at the same time, they should inform the field judges before they leave for the other event, and report to Call Room in person for their Track Event. Athletes should report to the field judges again immediately after finishing the track event.

若運動員向田賽裁判長請假前往徑賽項目參賽、當返回田賽賽場時比賽已結束、思不能追討重賽。

If the athlete asked for leave from the field event to compete in a track event, and the competition is over when he returns to the field event, no rematch can be claimed.

香港青少年田徑2024分齡賽 (三) HONG KONG JUNIOR AGE GROUP ATHLETICS COMPETITION 2024 - III

Date: 1/6/2024

Roll Call Time											
	徑賽(跨欄除外) Track Event (Except Hurdles)		跨欄 Hundles								
	開始檢錄 Start of Call 比賽前20分鐘 20mins before the races	開始檢錄 Start of Call	比賽前25分鐘 25mins before the races	開始檢錄 Start of Call	比賽前35分鐘 35mins before the races						
	截止檢錄 End of Call 比賽前10分鐘 10mins before the races	截止檢錄 End of Call	比賽前15分鐘 15mins before the races	截止檢錄 End of Call	比賽前25分鐘 25mins before the races						

* 擲壘球檢錄安排: 比賽前20分鐘開始檢錄; 比賽前10分鐘截止檢錄 Softball Roll Call Time: Start of call will be 20mins before the races; End of call will be 10mins before the races

									# 7	² Girls								
	U	120	U	18	U	16	U	14		112	U	11	U	10		J9	U	J8
比賽時間 Race time	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field
08:30 08:35													100m (H-2)		100m (H-3)			
08:40								跳高 (F-11)-B High Jump		跳高 (F-1)-B High Jump			100111 (11-2)		100111 (11-3)			
08:45								High Jump	100m (H-3)	High Jump	100m (H-4)							
08:50																		
08:55																		
09:00																		
09:05																		
09:10 09:15														跳遠 (F-6)-B		跳遠 (F-4)-B		
09:15			5000m (F-9)C											跳遠 (F-6)-B Long Jump		跳遠 (F-4)-B Long Jump		
09:25			5555(1.575															
09:30																		
09:35																		
09:40										擲壘球F Softball		擲壘球F Softball		掷壘球F Softball		掷壘球F Softball		揮壘球F Softball
09:45																		
09:50																		
10:00																		
10:05																		
10:10													60m (H-2)		60m (H-4)			
10:15													00(11.2)		00(1. 1)			
10:20		三級跳 (F-5)-A		三級跳 (F-1)-A							60m (H-4)							
10:25		Triple Jump		Triple Jump														
10:30							60m (H-4)		60m (H-3)									
10:35							. ,											
10:40					60m (H-2)													
10:45																		
10:50																		
10:55																		
11:00												跳遠 (F-14)-B Long Jump						
11:05						三級跳 (F-2)-A Triple Jump												
11:10																		
11:15																		
11:20																		
11:25																		
11:30																		
11:35									200m (H-2)		200m (H-2)							
11:40																		
11:45																		
11:50																		
11:55							800m (F-18)2											
12:00					800m (F-11)1													
12:05	800m (F-3)C		800m (F-5)C															
12:10																		
12:15																		
12:20																		
12:25																		
12:30																		
12:35						郷標槍(F 6) Javelin Throw		郷標搶(F 7) Javelin Throw										
12:40						Javelin Throw		Javelin Throw										
12:50									100m (F)		100m (F)		100m (F)		100m (F)		100m (F)	
12:55											(-)		(-)		(1)		07	
13:00																		
13:05				<u> </u>					午	=膳		<u> </u>				<u> </u>		

		I										
13:50												
13:55												
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14:05												
14:10												
14:15												
14:20												
14:25												
14:30	60m (F)		60m (F)		60m (F)	60m (F)	60m (F)	60m (F)	60m (F)	60m (F)	60m (F)
14:35												
14:40												
14:45												
14:50		郷標槍(F 1) Javelin Throw		郷標槍(F 11) Javelin Throw								
14:55		3010										
15:00												
15:05												
15:10							200m (F)	200m (F)	200m (F)	200m (F)		
15:15												
15:20												
15:25												
15:30												
15:35								跳速 (F-16)-B Long Jump				
15:40			400m跨欄 (F-1) 400m Hundles					Long Jump				
15:45			400m Hundles									
15:50												
15:55							100 (5)	400 470	100 (5)			
16:00							400m (F)	400m (F)	400m (F)			
16:05												
16:10												
16:15												
16:20												
16:25												
16:30									4 X 100m (F-1)	4 X 100m (F-1)		
16:35												
16:40							4 X 100m (F-1)	4 X 100m (F-1)				
16:45												
16:50												
16:55												
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17:45												
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跳遠 A池 近草地位置 、跳遠 B池 近看台位置 Long Jump A located at near meadows , Long Jump B near to the spectator stands

!!! 為確保運動員安全及賽事順利進行・所有比賽場地嚴禁家長及敦練進入 !!! In order to ensure the safety of athletes and the smooth progress of events, parents and coaches are strictly

美游境况:强勤高强先向田賈森利長請假·裁判長允許運動員以不同抽籤排定的順序進行一次試路後·方可離去參加經賽項目。返回後·應即向裁判長消假。兼領情况:運動員須先向田賈裁判長請假·方可離去參加經費項目,返回後·應即向裁判長消假。 可離去參加經費項目,返回後·應即向裁判長消假。

If the athletes compete in track and field events at the same time, they should inform the field judges before they leave for the other event, and report to Call Room in person for their Track Event. Athletes should report to the field judges again immediately after finishing the track event.

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